# ROSSMOOR SCHOOL

A Gold Ribbon School A California Distinguished School A National Blue Ribbon School



# STUDENT CONDUCT PROGRAM HANDBOOK



WELCOME TO ROSSMOOR SCHOOL, A NATIONAL BLUE RIBBON SCHOOL OF EXCELLENCE AND A CALIFORNIA DISTINGUISHED SCHOOL!

I am a Rossmoor Knight, I STAND UP for myself, I STAND UP for my friends, And I STAND UP for what is right!



# The Rossmoor School Song

(sing to the tune of You're a Grand Old Flag)

We're from Rossmoor School, And we play by the rules. We work hard, we play hard everyday!

We're the blue and white, The Rossmoor Knights, And nothing can stand in our way!

Every heart beats true, For the white and the blue, And each day we learn something new!

> So if you need a friend, Count on us 'til the end!

We're the Knights of Rossmoor School!

# ROSSMOOR SCHOOL STUDENT CONDUCT PROGRAM

# Rossmoor School Discipline Philosophy

At Rossmoor School, the staff works as a team to help students develop self-discipline. Our goal is for students to be able to independently make appropriate decisions which are in the best interest of themselves and those around them.

Students are expected to use courtesy, common sense, and safety as they learn to interact with others. They are also expected to understand the importance of appreciating differences in others and to use positive, respectful words, tone, and actions. Our hope is for students to develop a sense of community using a positive tone and positive delivery.

The following standards are used throughout the school along with conflict management strategies and character development awareness to enable students to be successful members of the Rossmoor Learning Community. We continually state, "Learning is not about 'Me' but what 'We' can do together."

#### **Rossmoor School Standards**

- We respect other people and their property.
- We care for our school and use equipment and materials properly.
- We are safe and courteous.
- We keep our hands and feet to ourselves.
- We listen for information and follow directions.
- We make the right choices and expect the best of ourselves.

# SCHOOL MASCOT

Knight





# Rossmoor School Campus Rules

## Dress Code

- Conservative and appropriate dress is required at all times.
- Shorts must be long in length. When standing with arms down, the longest finger length must touch fabric.
- Closed toed, rubber soled shoes are required at all times. NO sandals, NO Crocs. Boots may only have on one inch heel.
- Tank tops must have an inch width of fabric at the straps.
- Dresses with thin straps require a tank top underneath.
- All hats must be taken off in the classroom.
- T-shirts must have appropriate slogans.
- Hair must be maintained and cannot pose a distraction to the learning environment. Students may not color their hair.

# THE PLAYGROUND

- Playground equipment is available at lunch and recess.
- Toys and equipment from home are NOT allowed.
- Remember to stop and hold a two finger touch to the blacktop at the Freeze Bell every time.
- Our playgrounds are not available for play after school. There is no supervision and our campus needs to be quiet for meetings occurring daily after school.
- Siblings are not allowed on the playgrounds while school is in session.

#### <u>Swings</u>

- One person per swing (sitting only). Jumping on or from the swing is not allowed. Take turns on the swings (20 counts). You must swing if someone is waiting. Swing forward and backward only and do not twist while swinging.
- When waiting for the swing, please stand behind the safety line.

#### Playground Apparatus:

- Running is on the grass area only, and is not allowed on the blacktop or near the equipment.
- On the slide, sit facing forward, with feet inside. Only one person is allowed on the slide at a time.
- Crawling, standing on top of, or "drops" from the horizontal bars or ladders is not permitted. (Hands are the last thing to leave the bar).
- Go all the way up, then all the way down on the Space
  Climber. One person at a time, no jumping, and no more than
  10 students on the equipment at a time.

#### **Blacktop/Field Areas**

- The handball courts are on the first-come-first-serve basis.
- Running is on the grass area only, and is not allowed on the blacktop or near the equipment.
- Boys and girls should use the field grass area for running games.
- Do not climb on the back stops.
- Back stops are for kick back and practicing soccer skills.

#### **Equipment**

- Use jump ropes to jump rope only.
- Share equipment with others. Balls and other equipment should be held quietly after the bell rings. The rubber balls are for throwing and catching. The kick balls are for kicking.
- Balls are <u>not</u> to be thrown against the buildings because it will damage our new paint. Hold all equipment when the freeze bell rings, wait for the whistle, then return to the ball cart.

#### RESTROOMS, DRINKING FOUNTAINS, AND WALKWAYS

- Playing in the restrooms is never allowed.
- You should get all drinks at the drinking fountain <u>before</u> the bell rings.
- Walk on the yellow safety lines marked along the walkways.

#### Getting Lunch

- <u>Walk</u> to and from lunch on the sidewalk only.
- Keep hands to yourself.
- Saving places or "taking cuts" are not allowed.
- Show courtesy to lunch helpers by using your best manners while waiting in line.

#### Eating Lunch

- Peanut-free tables are designated for students with food allergies. All cafeteria lunches sold by the Los Alamitos Food Services have peanut-free ingredients. Lunches will checked by our noon duty supervisors to ensure all students at the peanut-free tables have peanut-free foods.
- Eat at assigned homeroom tables.
- Eat your own lunch. Because of allergies, no sharing food at school is allowed. The first 20 minutes are dedicated to

eating; then, students may play once they have been dismissed and the tables are clean.

<u>Clean Up</u>

- Tables are dismissed by a supervisor.
- Clean up your own place at the table before leaving.
- No food may be taken to the playground.

#### RAINY DAY

- On rainy days students will eat lunch in their classroom.
- Supervisors will be in classrooms to supervise.

#### BIKE AREA

- Only students in grades 4 & 5 may ride bikes to school.
- Bike helmets <u>must</u> be worn to and from school.
- Our bike racks are locked during the day and opened before dismissal.
- You must walk your bike on the school grounds and on the sidewalks near the school parking lot.
- Walk your bike across the street in crosswalk.

## Conflict Management: Problem Solving

At Rossmoor, we want to work together to solve problems in a calm and courteous way.

## Ways to Solve Conflicts With Others

- Talk it over. Ask the clarifying question, "Why did you do that?" Understand the other person's point of view.
- 2. Understand what happened, before you make a judgment.
- 3. Take turns/share.
- 4. Walk away.
- 5. Say you are sorry.
- 6. Find an adult.

# STAND UP to Bullying!

Bullying behaviors are unattractive in all of us. Bullying is defined as "hurting someone on purpose, again and again, through words or actions, especially when the person is not able to defend himself/herself."

Bullies act in this negative manner for many reasons. They want attention, are sad, unhappy in their own lives, or do not have the skills to make friends in an appropriate social manner. Research states when bullying behavior is confronted within 10 seconds by the victim or the bystander, the power of conversation is taken away from the bully and transferred to the victim or bystander.

At Rossmoor we strive to STAND UP to these bully behaviors.

• Immediately ask the bully, "Why did you do that?"

• Immediately ask the bully, "Why did you say that?" These quick responses place accountability back onto the bully; and when the bystander takes an active role, bullying behaviors can by diminished! A friend or adult can be powerful communicators, find someone to stand up to the bully behaviors.

> I am a Rossmoor Knight! I STAND UP for myself, I STAND UP for my friends, I STAND UP for what is right!

# <u>Rewards and Consequences</u> <u>WHAT HAPPENS IF YOU BREAK A RULE?</u>

For infractions of school rules during recesses, the following progressive discipline steps will be taken:

- 1. Verbal Warning.
- 2. Relocated to new activity.
- "Recess Behavior Slip" issued by adult on duty and the student will sit out of the activity for the remainder of recess, and receive a classroom consequence according to the teacher's behavior system.

# IMMEDIATE DISCIPLINE REFERRALS

Due to the serious nature of the following behaviors, a student will be sent directly to the office and parents will be notified for:

- 1. Causing physical harm to others.
- Refusing to obey an adult and/or being disrespectful to an adult.

- 3. Deliberately damaging the property of the school or the private property of others.
- 4. Using an electronic device without permission, outside of the classroom, or having a cell phone turned on during school hours.

# WE RECOGNIZE POSITIVE BEHAVIOR!

During recess, and throughout the day, teachers and staff will be on the lookout for students who demonstrate exemplary behavior. Our incentive program includes:

- Distribution of "Super Knight" slips to students during recesses by teachers and aides on duty. "Super Knight" slips can be accumulated for the entire year.
- 2. A student earning 10 "Super Knight" slips will be recognized.
- 3. After 10 slips, the student may begin a new round of accumulation for the above incentives.

#### Super Knight!

	StudentRoom
	I respect other people and their property.
	I care for my school and use equipment properly.
	I am safe and courteous.
	I keep my hands and feet to myself.
	I listen for information and follow directions.
	I make the right choices and expect the best of myself.
	Other
Signe	d by:Date:

# ROSSMOOR SCHOOL STUDENT CONDUCT HANDBOOK for 2016-2017 School Year

Please sign below after reading and discussing the digital copy of the Student Conduct Handbook, please complete this page and return to your child's teacher tomorrow.

Child's Name	Teacher
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I have reviewed the Rossmoor School Student Conduct Handbook with my child.

Parent Signatur	2 C	)ate

I have reviewed the Rossmoor School Student Conduct Program and conflict management strategies and agree to follow the rules and strategies to the best of my ability.

Student	
Signature	Date